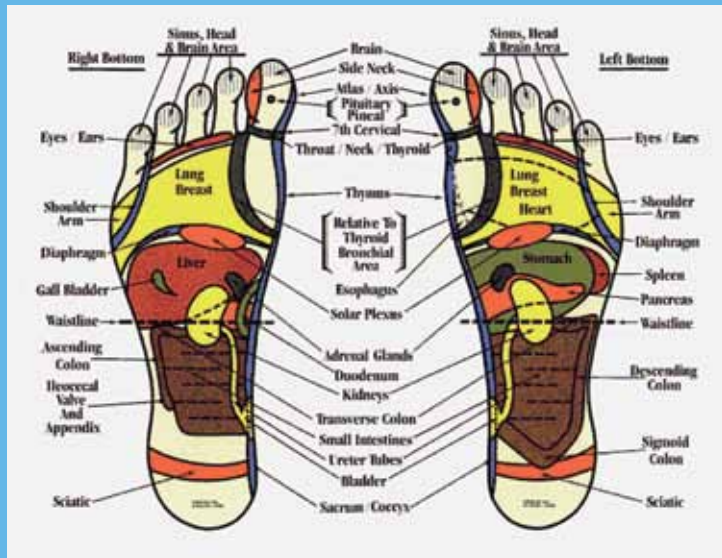




Infrared Saunas
& Infrared Foot Saunas

The Foot Sauna

The ultimate treat for tired feet with or without massage

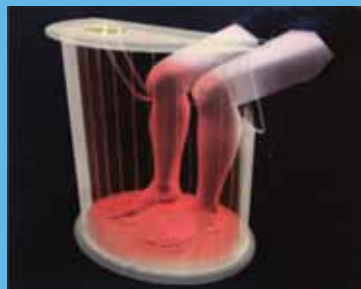


What is a foot sauna and what are its benefits?

Foot sauna is a personal foot sauna that uses the most advanced infrared technology with multiple benefits to the user.

How it works:

- Infrared heat is transmitted from efficient thermal film
- The feet are nurtured and soothed



The Foot Sauna uses infrared technology to soothe feet whilst rejuvenating the whole body.



Foot Massage Sauna



Foot Sauna

The benefits of using a foot massage sauna include:

- Improves blood circulation
- Conditions organs
- Improves sleep quality
- Decreases fatigue
- Speeds up metabolism

For whom is the foot sauna suitable?

- Working Professionals
- Athletes
- Elderly
- Anyone who is serious about their foot health and general well-being

The benefits of using a foot sauna include:

- Relaxation of foot muscles
- Improvement of blood circulation
- Detoxification of harmful toxins from the body
- Relief of joint pains
- Speeds up metabolism
- Improves general well-being
- Improves sleep quality

Shower, Steam & Infrared Sauna

Combined infrared sauna, steam sauna and shower room together, three in one cabin. You can enjoy infrared, steam and shower, which means you save money and space. It's not only a new idea but also a new bathroom product created.



1 person
Shower, Steam &
Infrared Sauna



2 person
Shower, Steam &
InfraredSauna



Standard
1 person
Shower, Steam &
Infrared Sauna

The Infrared Sauna uses infrared technology to detoxify your body.

Personal Far Infrared Saunas

What is an infrared sauna and what are its benefits?

Infrared is a form of radiation. It has a wavelength which is shorter than radio waves but longer than visible light and it heats the body by radiant heat. The radiant heat waves from your infrared sauna penetrate your body by around one and a half inches and make you sweat more than a traditional sauna, helping you detoxify by getting rid of heavy metals in your system. Sweating also helps unblock clogged up pores and can reduce acne as well as help with weight loss.

* Images and models of saunas can change without notice.



1 person
Sauna



2 person
Sauna



3 person
Sauna



4 person
2 bench
Sauna



4 person
1 bench
Sauna



4 person
Corner
Sauna



6 person
Sauna

Outdoor Infrared Sauna

The beautiful designs of these barrel saunas are so inviting that they look good no matter where they are set up. With rounded walls, in 40mm Hemlock these barrel shaped saunas are able to boast better circulation of heat, as well as less wasted heated space.

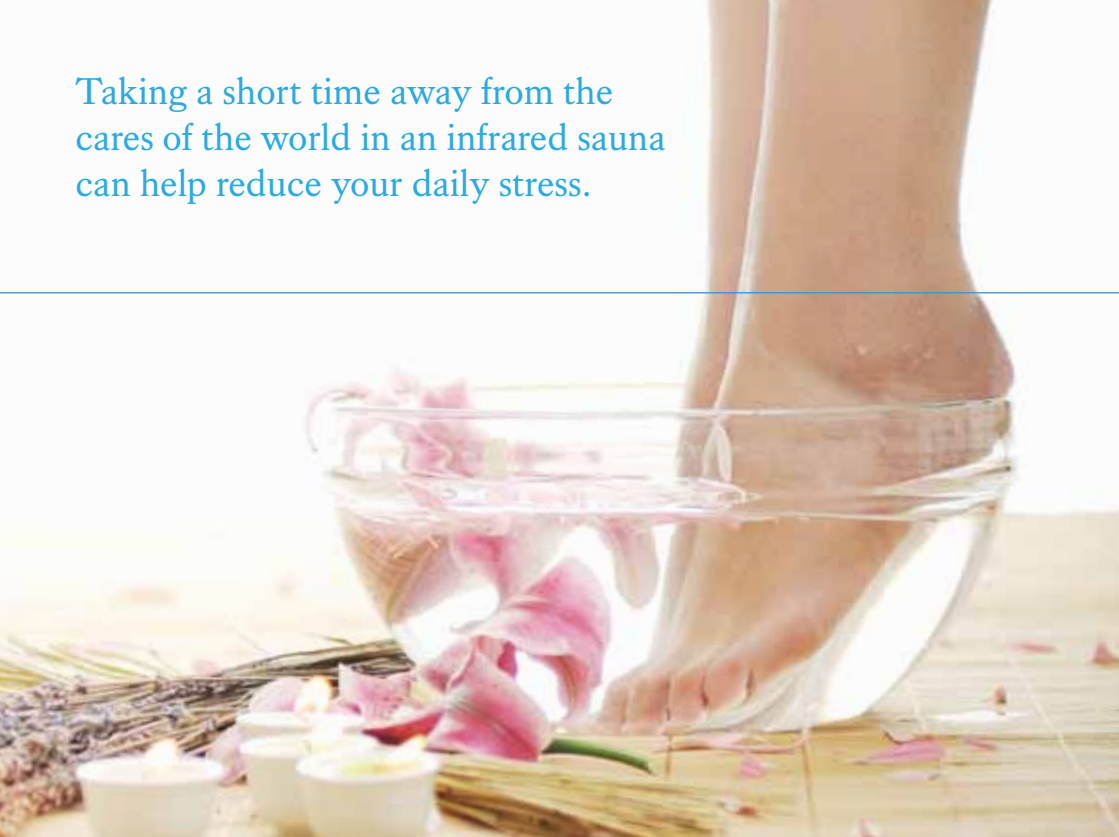


Outdoor
Barrel
Sauna



Available with the
traditional sauna stove,
infrared only, or a
combination of both.

Taking a short time away from the cares of the world in an infrared sauna can help reduce your daily stress.



It provides a quiet, reflective time for you or a relaxing social environment for you and a few others.

The main benefits of infrared over traditional saunas are:

- Cheaper to buy
- Cheaper to run and maintain
- Operate at a lower temperature
- Has more health benefits
- Easier to assemble and disassemble
- Easier to clean

The main features of infrared saunas are:

- Control panel
- USB interface for playing music through loudspeakers
- 7 colour therapy light

Some of the benefits of using a far infrared sauna are:

- Heat causes body cells to release harmful substances through perspiration
- Increase and improve circulation
- Improve skin tone, texture, and appearance
- Reduce & improve acne
- Speed healing of cuts and bruises
- Helps healing of injection sites for diabetics
- Augment weight loss
- Ease aching muscles
- Enhance heart function*
- Reduce stress

* Infrared saunas are becoming one of the most efficient ways to help heart patients improve their heart function after a serious heart attack.

Taking a short time away from the cares of the world in an infrared sauna can help reduce your daily stress. This time allows your body to begin to function properly and your mind to relax from the stress and strains of your daily life. It provides a quiet, reflective time for you, or a relaxing social environment for you and one or two others (depending upon the size of your sauna). Basically, if you have health issues, or if you are on the path of striving to have excellent health, an infrared sauna is one of the best tools to have in your health arsenal.

We can supply further information on all of the above points if required, but we would always recommend that you check with your doctor before far infrared sauna use.

To qualify for **£50** discount off your sauna purchase please fill in the following information and post this back to us.

Where did you find out about us?

Your Name

Address

Postcode

Email (if applicable)

Contact No.



Further information on all our products available see details below.

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